

## Objective 2: Reduce infant deaths

Maryland SHIP Vision Area 1: Healthy Babies  
Tools, Resources, and Promising Practices  
updated March 2012



### Information, Facts, and Figures

#### [Babies Born Healthy](#)

State plan for reducing infant mortality in Maryland and regional maps.



#### [Maryland Vital Statistics 2010 Infant Mortality Report](#)

Report shows trends, age at time of death, causes of death, comparison of rates in MD and the U.S., and regional and county differences.



#### [Crib Standards](#)

Provides information on crib standards to promote infant safe sleep habits.



#### [Birth Defects](#)

This website links users to data and recommendations to prevent birth defects, the cause of one in five infant deaths.



#### [March of Dimes](#)

Connects users to information on topics for healthy pregnancies, births, and infants.



#### [First Candle](#)

Provides safety and educational materials and resources to prevent Sudden Infant Deaths (SIDS) and Sudden Unexplained Infant Deaths (SUIDS).



#### [Maternal & Child Health Library at Georgetown University](#)

Virtual guide to MCH information, offering a combination of MCH information compiled by library staff and pathways to the best MCH information available on other Web sites, from organizations, and in libraries.



### Maryland Services and Hotlines

#### [Maryland WIC](#)

A supplemental nutrition program for women, infants and children under 5.



#### [Maryland Safe Haven Law](#)

You can leave your baby or have the approval of the mother of another baby, up to 10 days old, with any responsible adult, hospital or another designated location in Maryland.



#### [Maryland Network Against Domestic Violence](#)

Works to eliminate domestic violence in MD through education, training, and advocacy.



### Personalized Tools

#### [text4baby](#)

Free health text messaging service that supports mothers and expectant mothers by providing accurate, text-length health information and resources in a personal and timely format.



## Tools for Objective 2: Reduce infant deaths

## **Promising Practices**

### [Before, Between, and Beyond Pregnancy](#)

Recommendations to improve and promote inter-conception health by maximizing care provided during the postpartum visit.



### [Baltimore City Healthy Start](#)

This infant mortality prevention program utilizes a Life Course Perspective for improving the health and well-being of women and their families through the provision of comprehensive, supportive services offered in the communities where they live.



## **Toolkits**

### [B'more for Healthy Babies](#)

Visitors can access information and tools for health and safety of infants, including a free safe sleep video and Text4Baby, a free service for pregnant and new mothers.



### [Shaken Baby Prevention Toolkit](#)

In the United States, there are 1,000 to 3,000 cases of Shaken Baby Syndrome each year. This resource provides information, tips, presentations and sample letters to the editor to prevent Shaken Baby Syndrome.



## **Spanish Tools**

### [La Liga de La Leche](#)

Provides visitors with answers to frequently asked questions about breastfeeding, forums for breastfeeding help, publications, and other resources.

